

# THE FRUIT OF THE SPIRIT

Self Control

A series of several parallel white lines of varying thickness, slanted diagonally from the bottom left towards the top right, located in the lower right quadrant of the slide.

- ▶ The ability to control oneself, in particular:
  - ▶ One's emotions
  - ▶ One's desires
  - ▶ The expression of them in one's behavior, especially in difficult situations

WHAT IS SELF CONTROL?



- ▶ It is the fruit of the spirit Gal 5:22-23
- ▶ It is a central part of the gospel Acts 24:25
- ▶ If we don't we will be broken Prov 25:28
- ▶ It is a quality of a Christian 2 Pet 1:3-9

DO WE NEED SELF CONTROL?



- ▶ Self control in our emotions
- ▶ Self control in our desires
- ▶ Self control in our behavior

## DIFFERENT TYPES OF SELF CONTROL



- ▶ What is this type of self control?
  - ▶ Keeping your emotions in check 1 Pet 4:7-11
  - ▶ Not acting on our passions Tit 2:11-15
- ▶ Examples:
  - ▶ Jesus Matt 17:14-20
  - ▶ Abraham Gen 22:1-12
- ▶ Contrast:
  - ▶ Human teaching Col 2:20-23
  - ▶ The Jewish leadership Acts 23:6-10
  - ▶ Samson Judg 14:12-20

# SELF CONTROL IN OUR EMOTIONS



- ▶ What is this type of self control?
  - ▶ Putting the church first Tit 1:5-9
  - ▶ Putting God first Tit 2:1-8
- ▶ Examples:
  - ▶ We are to have self control in our marriages 1 Cor 7:5
  - ▶ Jesus Matt 4:1-11; 26:36-46
- ▶ Contrast:
  - ▶ Earthly wisdom Jam 3:13-16
  - ▶ The rich Jam 5:1-6
  - ▶ The self seeking Rom 2:6-11
  - ▶ Samson Judg 14:1-3

# SELF CONTROL IN OUR DESIRES



- ▶ What is this type of self control?
  - ▶ Should show in our clothing 1 Tim 2:8-10
  - ▶ It is God given and should be seen in us 2 Tim 1:5-7
- ▶ Examples:
  - ▶ Paul 1 Cor 9:24-27
  - ▶ Jesus Mark 14:21-37
- ▶ Contrast:
  - ▶ The character of those in the last days 2 Tim 3:1-9
  - ▶ The Jews Acts 7:54-60

# SELF CONTROL IN OUR BEHAVIOR

