# How To Be Happy

### Current issues tend to distract

- Spiritual growth is our most important concern
- We need joy in life especially in serving God
- Is happiness just a word? Can we be happy?

# I. Does God Want Us To Be Happy?

#### God blesses us

- His blessings produce happiness, Psalm 127:5
  - -1 Tim.6:17
- Obedience to Him produces happiness, Psalm 128:2
- He commands happiness, Phil.4:4

#### I. Does God Want Us To Be Happy?

II. Why Does God Want Us To Be Happy? God wants us to be happy . . .

- For our good always, Dt.6:24
- It does us good, Prov.17:22
- Great reward in heaven, Luke 6:22-23
- Moral necessity, Lk.15:6, 9, 23-32
- Sympathy, Ro.12:15 (9-21)

I. Does God Want Us To Be Happy?

II. Why...God Want Us To Be Happy?

III. False Ways To Obtain Happiness

#### False ways... Ecclesiastes 2 –

- 1: seek it as an end in itself
- 1: pleasures of earth (8). 2 Tim.4
- 4-9: possessions, wealth, 22-26
- 12: wisdom (23)

I. Does God Want Us To Be Happy?

II. Why...God Want Us To Be Happy?

III. False Ways To Obtain Happiness

IV. How To Be Happy?

## Philippians 4

o 6: be at peace with God and yourself

- Obey God. 2 Kings 9
- Serve others. Ph.2:3-4
- Trust God. Ph.1:21-23
- o 6: pray often
- o 6: count your blessings
- o 7: wait on the Lord